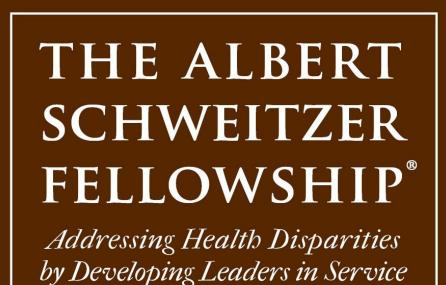


# Supporting Youth Scholars Through Empowerment and Mentorship (SYSTEM)

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NC Albert Schweitzer Fellowship 2017-2018 Wake Forrest School of Medicine



#### Introduction

As a Schweitzer Fellow, our project pairs minority male mentors with at-risk minority boys in a local elementary school. The goal of this mentorship is to help improve self-esteem and provide guidance that allows for behavioral and academic success.

## **Project Description**

#### **Community Outreach**

Mentors met with parents of the school to introduce the program and hear the needs/goals of family members for individual students.

17 minority male mentors from the Wake Forest Graduate, Medical, and Physician Assistant Schools were matched with 21 3<sup>rd</sup> and 4<sup>th</sup> grade minority boys.

### <u>Mentorship</u>

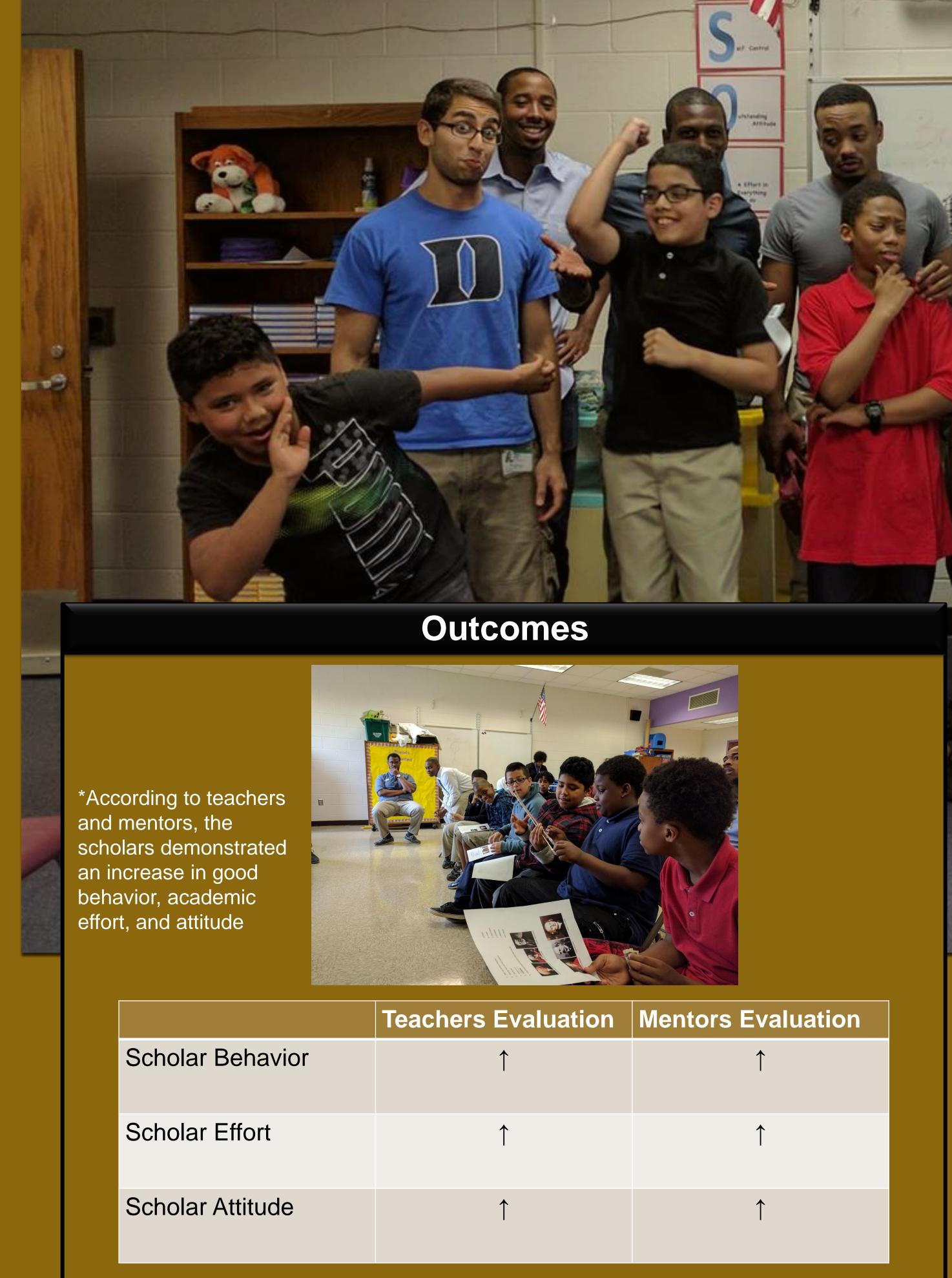
Initial: Mentors ate lunch with the scholar and went to recess, supporting them in common daily interactions, offering advice to encourage communication, responsibility, and respectful behavior.

Eventual: Mentors eventually transitioned to classroom activities during recess that encouraged teamwork, communication, and conflict resolution.

\*Mentorship focused on developing these three tools within the students







## The Young Scholars of SYSTEM

Sustainability

SYSTEM has been incorporated into the Wake Forest School of Medicine Diversity Office, and Student National Medical

Association.

- It has plans to continue working with Cooke Elementary School
- We are also developing a summer program for the students, to maintain the program's influence during the summer

